

PEPPERONI PITA PIZZA

Submitted by Julie Engle

Serves 1

1 Whole-Wheat Pita

¼ cup low-fat marinara sauce

1.5 oz finely shredded low-fat mozzarella cheese

10 slices TURKEY pepperoni (try Hormel)

½ cup chopped broccoli florets

Preheat oven to 450 degrees.

Place pita on a baking sheet. Top evenly with sauce, then cheese, then pepperoni & broccoli.

Bake 8-12 minutes until crust is crisp and cheese is melted. Slice & serve.

327 calories; 22 G protein; 47 G carbs; 8 G fat; 10 G fiber